



## Student Affairs

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN



# Gies and the Counseling Center Have Partnered for Your Wellness!

Jen House, LCSW, is available to assist Gies College of Business students. As a Counseling Center embedded clinician within the college, she understands common concerns business students have.



### Virtual Counseling

Time -limited individual counseling will be offered virtually for fall semester.

All counseling is confidential and is done via Zoom PHI to protect your privacy.



### Virtual Outreach

Virtual outreach is available to teach about several wellness areas in an interactive, fun way. Common topics include time and stress management.



### Emergency?

If you need to immediate assistance, please call the Counseling Center at 217-333-3704 . After hours, please call 911 or the Crisis Line at 217-359-4141.