**Student Resources**

**Student-centered advocacy, programs, and services**

Office of the Dean of Students (ODOS)
300 Turner Student Services Building
610 East John Street
Champaign, IL 61820
Phone: (217) 333-0050
Fax: (217) 333-7366

Women’s Resources Center
616 E. Green St Suite 202, 2nd floor
Champaign, IL 61820
Monday-Friday: 8:30 am - 5:00 pm, Appointments available by request
(217) 333-3137 (office phone)
Email: womenscenter@illinois.edu

Student-Parents at Illinois Resources for students who are balancing caring for children and pursuing a degree. Facebook: [https://www.facebook.com/Students-with-Families-994571440573266](https://www.facebook.com/Students-with-Families-994571440573266)

Lesbian, Gay, Bisexual, and Transgender Resources (LGBT)
323 Illini Union
Champaign, Illinois 61820
1401 W. Green Street
Urbana, IL 61801
Phone: (217) 244-8863
Email: lgbtrc@illinois.edu
Facebook: [https://www.facebook.com/illinoisLGBTRC](https://www.facebook.com/illinoisLGBTRC)
Twitter: [http://twitter.com/illinoisLGBTRC](http://twitter.com/illinoisLGBTRC)

Center for Wounded Veterans in Higher Education
908 W. Nevada Street
Urbana, Illinois 61801
Phone 217-300-3515
Fax 217-244-9008

Office of Minority Student Affairs
Student Services Building
Room 130, 610 E. John Street
Champaign, IL 61820
217-333-0054
omsa@illinois.edu

Office of Inclusion and Intercultural Relations
121 Swanlund Administration Building
601 East John Street
Champaign, IL 61820
Phone: 217.333.1300
Fax: 217.244.6623
Email: oiir@illinois.edu
The Office of Inclusion and Intercultural Relations (OIIR) is dedicated to recruiting and retaining underrepresented students, diversity education, civic engagement, and fostering the leadership skills necessary to develop global citizens. OIIR includes six cultural and resource centers: the Bruce D. Nesbitt African American Cultural Center, Asian American Cultural Center, La Casa Cultural Latina, LGBT Resource Center, Native American House, and Women's Resources Center.

General Study Skills Assistance

Gies College of Business Tutoring
Gies College of Business Peer Tutors
Finance 300 Office Hours/Tutor

Chemistry Learning Center
The Chemistry Learning Center (2120 Chemistry Annex) offers a variety of services to assist you with your chemistry courses. Free drop-in tutoring is also available during the hours posted on their web site. For more information call (217)-333-2998. Check out the online tutorials for CHEM 102 and 104.
In our experience, students who struggle in biology generally struggle because of the chemistry behind the biology, especially if you are beginning in MCB 150. The University Of Illinois Department Of Chemistry has put together some helpful online resources which are likely to help you in both your biology courses and your chemistry courses.

Chemistry Tutoring
The Chemistry Learning Center provides a variety of options if you need to find a chemistry tutor. Please see their web site for specific information.

Mathematics Tutoring
The Department of Mathematics offers free tutoring for students in select math courses. Consult the math website for the schedule for each specific course and to find a list of private tutors. Tutoring hours may change during exam weeks or due to special circumstances; students should check their course webpage for up-to-date information. Tutoring is MOST effective when students seek it little by little throughout the semester. The tutoring rooms are usually packed right before exams, but cramming may not lead to success on math exams.

Physics Tutoring
Fee-based tutoring is available through the Physics Department (from $5 to $40/hr). Visit the Physics course web site for more information.

Economics Tutoring
The Department of Economics Tutor Center is located in room 15 (basement) David Kinley Hall and is open Monday-Thursday, 1-5 PM. Tutors are advanced-level ECON undergraduate students who meet high academic and tutoring standards. This tutoring service is free and available to any and all undergraduate students taking ECON 102, 103, 202, 203, 302, 303 or MATH 220, 221 or 231. For a detailed list of Tutors, please click on the link below to find the hours they work (subject to change), additional coursework they tutor, and general information.

Economics Tutoring Center
Tutors are able to assist with general questions and concepts. Specific questions about homework or tests should be directed towards your TA or Instructor during office hours.
Office of Minority Student Affairs
The Office of Minority Student Affairs offers a variety of services including tutoring, review sessions and supplemental instruction. Consult the website for more information on these and other services: https://tutortrac.omsa.illinois.edu/TracWeb40/Default.html.

Residence Halls Tutoring
Many residence halls on campus offer free drop-in tutoring in Math, Chemistry, Physics and Writing. Check with your Resident Director for more information.

Writer’s Workshop
The Writers' Workshop, part of the Center for Writing Studies, provides free writing assistance for University of Illinois students, faculty and staff from all disciplines and levels. Discuss your writing with consultants who are experienced writers and teachers of writing. Consultants are available to meet at the MCB Learning Center for 50 minute appointments. Consult their website for specific hours and additional information.

Counseling Services
The Counseling Center
110 Turner Student Services Building
610 East John Street
Champaign, IL 61820
Phone: (217) 333-3704 or (217) 333-3701

Mental Health Clinic
McKinley Health Center, 3rd Floor
1109 South Lincoln Avenue
Urbana, IL 61801
Phone: (217) 333-2705
Crisis Line: (217) 359-4141

Psychological Services Center
505 East Green Street, 3rd Floor
Champaign, IL 61820
Phone: (217) 333-0041

Financial Assistance
Office of Student Financial Aid (OFSA)
OFSA Scholarships
OFSA Employment
Research Funding

Short-term Loan
Students may be eligible to receive up to $600 in a short-term loan. The loan must be paid back in 30 days or a 1.5% interest will be charged. Financial aid packages will be awarded around the 30 day mark and the financial aid package can be used to pay back the loan.
Campus Housing during Holidays

Students can stay in an on campus dorm during break at a housing cost of $40 per day. Students must apply by 12/21 10:30am (FA18). This equals about $960 for all of winter break. This fee is billed to students’ accounts at the end of January. This could be close to the time financial aid is credited. The student can work with the financial aid to work on a payment plan if needed.

Emergency and Transitional Housing

The program provides funding for meals, shelter and supportive services to non-profit organizations and local governments.

Shelter programs in Illinois consist of:

- Overnight shelters - a place to sleep for less than 12 hours. Meals and supportive services are available.
- Transitional shelters - shelter for up to 2 years with food and supportive services.
- Voucher shelter - provided by hotels and motels through a voucher program when shelters are full or not available.

All organizations in this program must also provide supportive services to receive funding. Supportive services assist homeless people and homeless families with many programs to help them return to self-sufficiency. These services may include counseling, advocacy, transportation, training, abuse intervention, housing inspection and placement, and follow-up.

Health

Student Health Insurance Information
McKinley Health Center
1109 South Lincoln Avenue
Urbana, Illinois, 61801

Dial-A-Nurse is a telephone service available only to registered students at the University of Illinois Urbana-Champaign campus. Dial-A-Nurse answers questions about illnesses, injuries or other health concerns. Depending on the nature of the problem, the nurse may suggest basic first-aid, a visit to the Health Center's self-care center, an appointment at the Center, coming immediately to the Center or a visit to the emergency department of a community hospital. Information discussed with the Dial-A-Nurse is entered on the medical record and is confidential. Information provided by the Dial-A-Nurse is consultative and should not be considered a definitive diagnosis or treatment. To reach Dial-A-Nurse, call (217) 333-2700, 24 hours a day, seven days a week.
Emergencies

Ambulance or emergency situations: **911** (from campus **9-911**)  
Police: In an emergency **911** or **9-911** (campus) - for non-emergencies call: **333-8911**

Illinois Poison Center: **1-800-942-5969** or TTY **1-312-906-6185**

U of I Emergency Dean Service: **217-333-0050**

AFTER HOURS PSYCHOLOGICAL EMERGENCIES AND OTHER CRITICAL PROBLEMS (e.g., serious illness, death in the family, severe anxiety, suicidal crisis)  
The Counseling Center and McKinley's Mental Health Department collaborate with the Champaign County Mental Health Center to provide students with Psychological Emergency Services. Services are available 24 hours per day, 365 days a year, and focus on problems that need to be addressed immediately. **217-359-4141**

Emergency Room facilities in Urbana-Champaign:

- **OSF HealthCare**  
  1400 W. Park St.  
  Urbana, IL 61801

- **Carle Foundation Hospital**  
  611 W. Park St.  
  Urbana, IL 61801

Health Resource Centers on Campus

- **Health Resource Center**  
  at McKinley Health Center  
  Information/HRC counter in the Main Lobby  
  1109 South Lincoln Avenue  
  Urbana, Illinois, 61801  
  333-6000  
  Hours of operation  
  Monday - Friday  
  from 9:00 a.m. to 5:30 p.m.

- **Health Resource Center at the Illini Union**  
  Illini Union, Room 40, lower level  
  1401 West Green Street  
  Urbana, Illinois 61801  
  244-5994  
  Hours of operation  
  Monday - Friday, from 8:00 a.m. to 8:00 p.m. Saturday, from 12:00 p.m. to 6:00 p.m.
Satellite Locations and Hours of Operation

Bruce D. Nesbitt African American Cultural Center
708 South Mathews - located at the cultural center
Urbana, Illinois, 61801
333-2092

Asian American Cultural Center
1210 West Nevada
Urbana, Illinois, 61801
333-9300
Hours of operation
Tuesday
from 12:00 p.m. to 1:00 p.m.

La Casa Cultural Latina
1203 West Nevada - library on 2nd floor
Urbana, Illinois, 61801
333-4950
Hours of operation
Monday
from 5:00 p.m. to 7:00 p.m.
Thursday
from 12:00 p.m. to 2:00 p.m.

Native American House
1206 West Nevada - Main Lobby
Urbana, Illinois, 61801
265-0632
Hours of operation
Tuesday
from 3:00 p.m. to 5:00 p.m.

AIDS Hotline
1-800-AID-AIDS
AIDS and STD Hotline
Phone: (217) 351-2437

Champaign-Urbana Public Health Department
Provides Maternal & Child Health
Wellness & Health Promotion
Environmental Health
Adult Services & Dental
http://www.c-uphd.org/
Substance Abuse

McKinley Health Education
McKinley Health Center
1109 South Lincoln Avenue
Urbana, IL 61801
Phone: (217) 333-2714

Alcohol and Other Drug Office
333 McKinley Health Center
1109 South Lincoln Avenue
Urbana, IL 61801
Phone: (217) 333-7557

Disability and Rehabilitation Services

Disability Resources and Educational Services (DRES)
Provides academic support and accommodations
1207 South Oak Street
Champaign, IL 61820
Phone: (217) 333-1970

Cultural Centers

African American Cultural Center
Asian American Cultural Center
La Casa Cultural Latina
Native American House

Safety and Emergency

Emergency—Police, Fire, or Ambulance: 9-911
Phone: (217) 359-4141

MTD SafeRides
Phone: (217) 265-RIDE
Nonemergency Police: (217) 333-1216
Rape Crisis Hotline: (217) 355-5203 or (217) 384-4444
Psychological Emergency Services (Suicide Team): (217) 244-7911

More Campus Resources at Illinois New Student Programs

Champaign-Urbana Community Food Pantry List
Resource Guide for Students with Children

Child Care Resource Center 217-333-3252
Orchard Downs Pre-School 217-333-3487
Child Development Lab 217-333-2550
Crisis Nursery 217-337-2730
DHS Childcare Assistance Program 1-800-843-6154
Champaign Schools Before- and After- School Program 217-351-3719
Urbana Schools Before- and After- School Program 217-384-3536
Head Start and Early Head Start Program 217-328-3313
C-U Early 217-384-3541
Safe Kids Coalition Buckle- Up Line 217-353-4932
All Kids State Insurance 1-866-255-5437
Champaign County Christian Health Center 217-402-5683
Women, Infants, and Children (WIC) 217-531-4319
Champaign- Urbana Public Health Dental Services 217-352-7961
Child Dental Access Program 217-384-1689
CASE Audiology 217-355-1214
Developmental Services Center 217-356-9176
Multicultural Health Center 217-265-6267
Motherhood Store 217-355-1263
Care Hospital Breastfeeding and Lactation Clinic 217-326-2610
Carle Foundation Hospital (Main) 217-383-3311
Presence Covenant Medical Center 217-337-2000
Office of Student Health Insurance 217-333-0165
University of Illinois’ Parenting 24/7 217-333-2912
Chambana Moms chambanamoms.com
Central Illinois Debt Management and Credit Information 217-398-2227
United Way of Champaign County 217-352-5151
United Pride Center (UPC) 217-550-4248
Infant- Parent Institute 217-352-4060
Mental Health Center 217-398-8080
Yours, Mine, and Ours Kids Shop 217-356-0880
Birthright 217-351-7744
Women’s Resources Center 217-333-3137
Family Service Self- Help Center 217-352-0099
Developmental Services Center 217-356-9176
Family Resiliency Center 217-244-6486
CU Fit Families 217-244-6486
Champaign Park District 217-398-2550
Urbana Park District 217-367-1544
Urbana Aquatic Center 217-384-7665
Stephens Family YMCA in Champaign 217-359-9622
First Christian Church Playground 217-356-1649

Green= Child Care  Brown= Health Care  Blue= Support  Red= Fitness/ Recreation
Students with Families

Resource Guide for Student Caretakers

Circle of Friends Adult Day Center 217-359-7937
Champaign County Nursing Home Adult Day Center 217-384-3784
Champaign County Christian Health Center 217-402-5683
C-U Public Health Dental Services 217-352-7951
Carle Foundation Hospital (Main) 217-383-3111
Presence Covenant Medical Center 217-337-2000
Prairie Center Health Systems 217-328-4500

Addus Healthcare 217-356-1121
Dental Referral Service 217-352-6533
Family Service Senior Resource 217-352-5100
Senior Services of Champaign Regional Planning Commission 217-328-3313
Developmental Services Center 217-356-9176
Office of Student Health Insurance 217-333-0165
United Way of Champaign County 217-352-5151
Persons Assuming Control of their Environment (PACE) 217-344-5433
Women's Resources Center 217-33-3137
Crisis Line (Mental Health Center) 217-359-4141
The Reading Group 217-367-0914
Champaign County Down Syndrome Network 217-367-6289
CU Autism Network 217-621-8429
Illinois Department of Veterans' Affairs 217-278-3388
Community Choices 217-621-1090
Land of Lincoln Legal Assistance 217-356-1351
East Central Illinois Area Agency on Aging 1-800-888-4456
Family Service Self-Help Center 217-352-0099
Stephens Family YMCA in Champaign 217-359-9622
Champaign-Urbana Special Recreation 217-239-1152
Champaign County YMCA 217-359-9622

Orange= Day Care  Blue= Health Care  Red= Support  Green= Fitness/ Recreation
UNIVERSITY OF ILLINOIS
LACTATION SPACES

MAIN QUAD & SURROUNDING AREA
[All spaces include a seat, table/desk, and outlet(s).]

**BEVIER HALL**
905 S Goodwin Ave.
Room 122B
Urbana, IL 61801

Open Monday-Friday 7AM-10PM. One private space available. Offered as first come, first served.

**INSTITUTE FOR GENOMIC BIOLOGY**
1206 W Gregory Dr.
Urbana, IL 61801

Monday-Friday 7:00AM-5:30PM. Two private spaces available in a main room. See the front desk receptionist for key. Offered as first come, first served.

**NATURAL HISTORY BLDG.**
1301 W Green St.
Room 2069 (2nd Floor)
Urbana, IL 61801

Open Monday-Thursday 7AM-10PM, Friday 7AM-5PM, Saturday 7AM-5pm, and Sunday 12PM-10PM. One private space offered as first come, first served.

**ILLINOIS**
Women's Resources Center
STUDENT AFFAIRS

Restrooms nearby.

Spaces listed have been verified by the Women's Resources Center. To add a lactation space to this list, please visit TBD.
UNIVERSITY OF ILLINOIS

LACTATION SPACES

MUSIC BLDG.
1114 W Nevada St.
Room 2011
Urbana, IL 61801
Open Monday-Thursday 6AM-Midnight, Private space offered as first come, first served.
Contact Nathan Mandel (nmandel2@illinois.edu) or (217) 300-8994 for key. More info & guidelines:
sofmusicandd.wc.illinois.edu/specialty-rooms.html.

FOREIGN LANGUAGES BLDG.
707 S Mathews Ave.
Room 3100
Urbana, IL 61801
Open Monday-Thursday 7AM-10PM, Friday & Saturday 7AM-6PM, and Sunday 12PM-10PM. One private space offered as first come, first served. To reserve or access, contact slol-facilities@illinois.edu.

ROGER ADAMS LABORATORY
600 S Mathews Ave.
Room 64
Urbana, IL 61801
Private space open Monday-Friday 7:00AM-5:00PM. Contact Danielle Cruzan (dcruz@illinois.edu) to reserve.

Spaces listed have been verified by the Women's Resources Center. To add a lactation space to this list, please visit TBD.
UNIVERSITY OF ILLINOIS
LACTATION SPACES

NORTH QUAD & SURROUNDING AREA
[All spaces include a seat, table/desk, and outlet(s).]

BECKMAN INSTITUTE
406 N Mathews Ave.
Room 2307 (2nd Floor)
Urbana, IL 61801
Private space open Monday-Friday 7:30AM-6:30PM. See the Security office for key (Rm. 1237). Building can be accessed at other times with authorization.

NEWMARK HALL
206 N Mathews Ave.
Room 3154
Urbana, IL 61801
One private space available. Open Monday-Friday 7:00AM-6:30PM, or 24/7 if you have building access. To gain swipe-card access, send your name and UIN to Tim Prunkard (prunkard@illinois.edu).

I ILLINOIS
Women’s Resources Center
STUDENT AFFAIRS

Spaces listed have been verified by the Women’s Resources Center. To add a lactation space to this list, please visit TBD.